

KIMBERLY J. GILBERT, M.S.

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EDUCATION

Doctor of Philosophy, Clinical Psychology, University of Michigan August 2026 – Present
Advisor: Aidan G. C. Wright, Ph.D.

Master of Science, Clinical Research Methods, Fordham University August 2024 – May 2026
Advisor: Christopher C. Conway, Ph.D.
Cumulative GPA: 4.0

Bachelor of Arts, Psychology, California State University, Los Angeles August 2022 – May 2024
Cumulative GPA: 4.0

AWARDS AND HONORS

Rackham Merit Fellowship, University of Michigan August 2026

Summa Cum Laude, California State University, Los Angeles May 2024

PUBLICATIONS

Peer-Reviewed Journal Articles

Gilbert, K. J. (2026). Criterion A as developmental severity: Reclaiming the psychodynamic core of personality functioning. *Personality and Mental Health*, 20(1), e70059.
<https://doi.org/10.1002/pmh.70059>

Gilbert, K. J. (2026). Nothing about us without us: Centering lived experience as the AMPD moves forward. *Personality and Mental Health*. <https://doi.org/10.1002/pmh.70072>

Gilbert, K. J. (2026). Powering the circumplex: A practical guide to sample size for the structural summary method. *Assessment*. <https://doi.org/10.1177/10731911261444969>

Gilbert, K. J., Conway, C. C., Snorrason, I., Beard, C., Moscardini, E., & Björgvinsson, T. (2025). Borderline personality disorder does not predict treatment outcome in a partial hospital program independent of internalizing and harmful substance use dimensions. *Personality Disorders: Theory, Research, and Treatment*. Advance online publication.
<https://doi.org/10.1037/per0000758>

Gilbert, K. J. & Hopwood, C. J. (in press). Angular discrepancy and personality functioning across interpersonal circumplex surfaces. *Assessment*. https://doi.org/10.31234/osf.io/zgth5_v1

Gilbert, K. J., Manuel, I., Morgan, R. M., Ilagan, G. S., Soroko, E., & Conway, C. C. (2026). The DSM-5 Alternative Model of Personality Disorder's coverage of borderline personality concepts from the clinical literature. *Personality and Mental Health*. <https://doi.org/10.1002/pmh.70070>

Ilagan, G. S., Schirle, G., **Gilbert, K.**, Lehman, E., Rutter, L., & Conway, C. C. (2025). Integrating invalidation and minority stress theories to model daily change in personality pathology. *Journal of Psychopathology and Clinical Science*. <https://doi.org/10.1037/abn0001033>

Manuscripts under Review

Conway, C. C., **Gilbert, K. J.**, Beard, C., Moscardini, E., & Björgvinsson, T. (under review). Distress tolerance's time course and prognostic utility in partial hospital treatment. *Manuscript submitted for publication*. <https://osf.io/nw6qv/>

Gilbert, K. J., Bachofner, F., Trenkensuh, M., & Hopwood, C. J. (under review). *Stable and context-sensitive components of interpersonal complementarity*. *Manuscript submitted for publication*. <https://osf.io/8p92f/>

Gilbert, K. J., Berghändler, B., Ringwald, W. R., & Hopwood, C. J. (under review). The applicability of motives and affect across human and nonhuman objects. *Manuscript submitted for publication*. <https://osf.io/bwj4a/>

Manuscripts in Preparation

Gilbert, K. J. & Hopwood, C. J. (manuscript in preparation). *A formal theoretical model of personality functioning and traits*. <https://osf.io/fnph9/>

Gilbert, K. J., Pincus, A. L., & Hopwood, C. J. (manuscript in preparation). *Interpersonal assessment*. Invited chapter in M. Sellbom & J. Suhr (Eds.), *Cambridge Handbook of Clinical Assessment and Diagnosis* (2nd ed.). Cambridge University Press. <https://osf.io/zu2g3/>

Gilbert, K. J., Trenkensuh, M., Brown, T. A., Sellbom, M., & Hopwood, C. J. (manuscript in preparation). *Validation of an informant-report form of the Inventory of Interpersonal Problems–Short Circumplex (IIP-SC)*. <https://osf.io/3z4xe/>.

Gilbert, K. J. & Wright, A. G. C. (manuscript in preparation). *Locating the SASB introject within the internalizing-externalizing structure of personality and psychopathology*. <https://osf.io/b2czd/>

Ilagan, G. S., **Gilbert, K. J.**, & Conway, C. C. (manuscript in preparation). *Daily fluctuations in self-concept clarity as predictor of nonsuicidal self-injury*.

Rutgers, A., **Gilbert, K. J.**, & Conway, C. C. (manuscript in preparation). *Daily variation in self-rated distress tolerance and emotion-regulation strategies in an at-risk community sample*. <https://osf.io/acvng/>

CONFERENCES AND PRESENTATIONS

Conway, C. C., **Gilbert, K. J.**, Beard, C., Moscardini, E., & Björgvinsson, T. (2026). *Tracking change in distress tolerance over partial hospitalization among adults with borderline personality features*.

- [Paper presentation]. North American Society for the Study of Personality Disorders, Toronto, Canada.
- Conway, C. C., **Gilbert, K. J.**, Beard, C., Moscardini, E., & Björgvinsson, T. (2026). *Tracking change in distress tolerance over partial hospitalization among adults with borderline personality features*. [Paper presentation]. Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Gilbert, K. J.** & Hopwood, C.J. (2026). *Examining personality functioning across interpersonal circumplex surfaces* [Poster presentation]. Society for Research in Psychopathology, Columbus, Ohio, United States.
- Gilbert, K. J.**, Manuel, I., Morgan, R. M., Ilagan, G. S., Soroko, E., & Conway, C. C. (2026). *The DSM-5 Alternative Model of Personality Disorder's coverage of borderline personality concepts from the clinical literature*. [Paper presentation]. North American Society for the Study of Personality Disorders, Toronto, Canada.
- Gilbert, K. J.**, Conway, C. C., Snorrason, I., Beard, C., Moscardini, E., & Björgvinsson, T. (2025). *Borderline personality disorder does not predict treatment outcome in partial hospitalization independent of internalizing and harmful substance use dimensions*. [Paper presentation]. International Society for the Study of Personality Disorders, Boston, MA.
- Ilagan, G. S., Schirle, G., **Gilbert, K.**, Lehman, E., Rutter, L., & Conway, C. C. (2025). *Integrating invalidation and minority stress theories to model daily change in borderline personality pathology*. [Paper presentation]. International Society for the Study of Personality Disorders, Boston, MA.
- Ilagan, G. S., Schirle, G., **Gilbert, K.**, Lehman, E., Rutter, L. A., & Conway, C. C. (2025). *Unpacking invalidating experiences: Daily emotional invalidation and minority stress as within-person predictors of borderline personality disorder*. [Paper presentation]. International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New Orleans, LA.
- Rutgers, A., **Gilbert, K.**, & Conway, C. (2026). *Daily variation in self-rated distress tolerance and emotion-regulation strategies in an at-risk community sample* [Poster presentation]. 60th Annual Convention of the Association for Behavioral and Cognitive Therapies, Baltimore, MD, United States.

SKILLS

Statistical Modeling: Multilevel modeling, structural equation modeling, Bayesian estimation, random effects modeling, factor analysis, Monte Carlo simulation, bootstrap resampling

Programming & Software: R, Mplus, SPSS; lavaan, lme4, brms, psych, circumplex, tidyverse

R Development: R package and Shiny development; authored *ssmpower* for circumplex sample size planning

Survey & Data Collection: Qualtrics, REDCap; clinical survey programming, EMA design

Open Science & Reproducibility: OSF, preregistration, reproducible workflows

Text Analysis: LIWC-22, computerized text analysis

RESEARCH EXPERIENCE

Graduate Student Researcher

August 2026 – Present

Personality Processes and Outcomes Laboratory

University of Michigan, Ann Arbor

Principal Investigator: Aidan G. C. Wright, Ph.D.

Graduate Research Assistant

August 2024 – May 2026

Bronx Personality Lab

Fordham University, Bronx, NY

Principal Investigator: Christopher C. Conway, Ph.D.

TEACHING EXPERIENCE

Guest Lecturer

Spring 2024

PSY 3020: Statistics in Psychology – California State University, Los Angeles

Topic: Parameter Estimation and Confidence Intervals — Using R for Bootstrapping

Guest Lecturer

Spring 2024

PSY 3040: Research Methods in Psychology – California State University, Los Angeles

Topic: Multivariate Correlational Research

PROFESSIONAL SERVICE

Reviewer, Association for Behavioral and Cognitive Therapies (ABCT)

2026

Annual Student Symposium Submissions

Reviewer, North American Society for the Study of Personality Disorders (NASSPD)

2026

Annual Conference Submissions

Ad Hoc Reviewer, *Journal of Personality Disorders*, *Frontiers in Psychiatry*,
Journal of Clinical Psychology

2025-2026

CLINICAL EXPERIENCE

Sexual Assault Crisis Advocate

2019 – 2020

StrengthUnited

California State University, Northridge

PROFESSIONAL MEMBERSHIPS

Society for Research in Psychopathology

2026 – Present

Society for Interpersonal Theory and Research

2026 – Present

Society for Personality Assessment

2026 – Present

Society for Ambulatory Assessment

2025 – Present

Association for Behavioral and Cognitive Therapies,

Special Interest Group: Personality/Personality Disorders

2025 – Present

North American Society for the Study of Personality Disorders

2024 – Present

